

Life begins
AT THE END
of your
COMFORT ZONE

Collection of Inspirational Stories & Poems by
M/s. Paradise Packaging Pvt. Ltd.

Simple Way to Happiness Part - V

Together

Everyone

Achieves

More

Collection of Inspirational Stories & Poems

LET US GIVE A GIFT TODAY

We don't need a special occasion
Or any money at all...

Give the gift of cheerfulness...
Let us be cheerful, always have a smile and a kind word.

Give the gift of a compliment...
A simple "You look great today!" or "The dinner was delicious!" can be of great value to those who may feel they are being taken for granted.

Give the gift of affection...
Let us be free with all those little hugs and squeezes of the hand. Let these little actions show the love we have inside and that we care.

Give the gift of listening...
Let us Give this to someone who has something to say. And we must really listen. No interrupting, no daydreaming, no planning our responses. Just listen.

Give the gift of laughter...
Let us tell a funny joke, cut out a cartoon, save a clever article to make someone smile. Our gift will say, "I love to laugh with you."

Let us Give the gift today and *everyday.*

What we give, we get it back, that too, in abundance.

सुख चाहो तो दुःख मत दो ...

One day, a man's Ford car broke down on the side of the road. Now, he knew a lot about cars so he tried fixing his own car. He tried different ways and each time he went back to start the engine, it wouldn't start at all. He was a little stubborn so rather than calling for help, he continued working alone. He tried everything and still nothing happened. The car just wouldn't start.....

A few minutes later another car pulled up beside him. Out stepped an old man who stood and watched him for a few minutes. The old man looked at the young man and said; "Son, do you see this part? Just twist it and you are good to go." The young man whispered to himself; "There's no way this old guy could know more about this car than me." He still gave it a try.....

He adjusted the part, and sure enough..... the engine came to life!!! He was surprised and asked the old man; "How did you know what to do?" The old man smiled and said; "My name is Henry ford. I'm the one who made your car. I know everything about it"

When life breaks down, don't think that only we know how to fix everything and we don't need anyone's help.

Always remember GOD knows how to fix our lives because we are HIS creation and HE LOVES US Very Much.

... सुख चाहो तो सुख दे



BOOK IS THE
BOUQUET
FULL OF LIFE



One day a professor asked his students to prepare for a surprise test and handed out the question paper, with the text facing down as usual. Once he handed them all, he asked his students to turn the page and begin. To everyone's surprise, there were no questions..... just a **“Black Spot”** in the center of the page.

The professor seeing the expressions on everyone's face, told them, “I want you to write what you see there.”

The students though confused, got started on the inexplicable task. At the end of the class, the professor took all the answer papers and started reading each one of them aloud in front of all the students. All of them with few exceptions, described the black spot, trying to explain its position in the middle of the sheet, etc. etc. etc.

After all had been read, the classroom silent, the professor began to explain: "I am not going to grade on you this, I just wanted to give you something to think about. Only few wrote about the white part of the paper. Most of student focused on the black spot - and the same happens in our lives. We have a white paper to observe, but we always focus on the dark spots.

Life is a gift given to us by God. Let us enjoy with love, care. We always have many reasons to celebrate - our friends around us, the job that provides us our livelihood, we wake up - the miracles we see every day..... However most people focus only on the “Black spot” in everyone and every situation - like health issues, the lack of money, complicated relationships with the family members or the disappointment with a friend!!

The black spots are very small compared to everything and everyone we have in lives, but black spots are the ones that pollute our minds. Let us take our eyes away from the “Black spot” and enjoy each moment that life gives us. Be happy and live a life with positive attitude.

*Simple Way
To
Happiness*

PART - V

*We can rise to fame and fortune only
by carrying others along with us.*

*May the “**Simple Way to Happiness**”
bring us closer to one another.
from:*

... सुख चाहो तो सुख दो

SIMPLE WAY TO HAPPINESS

PART - V

“A Small library of Big thoughts.”

Collection of Inspirational stories and poems
from Internet / Spiritual Books and Sat - sang.

Inspirer and Guiding force -
SHRI HARIBHAI KOTHARI

Collected Edited and Published by :

M/s. Paradise Packaging Pvt. Ltd.
201, Guru Prabha Apartment,
Sunder Nagar, Senapati Bapat Marg,
Dadar (W), MUMBAI - 400 028.

Tel : 022 - 2433 4486 / 89 / 93 / 94 / 96

Fax : 022 - 2438 5201

Email : paradise@paradisepackaging.net

Website : www.paradisepackaging.net

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ANSWER

Let us Imagine this...

We are driving along in our car on a wild stormy night. It is raining heavily, when suddenly we pass by a bus stop and see three people waiting for a bus:

1. The perfect partner we have been dreaming about.
2. An old friend who once saved our life.
3. An old Lady who looked sick and needed medical help immediately.

Which one would we choose to offer a ride to, knowing very well that there could be only one passenger in our car?

Let us think before we continue reading ...

? ...

?? ...

??? ...

This is a moral/ethical dilemma that was once actually asked as part of a job application.

We could take the old friend because he once saved our life and this would be the perfect chance to pay him back.

However, we may never be able to find our perfect mate again. So shall we take our dream partner?

Or

We could pick up the old lady, as she needs help immediately. So should we save her first?

Which one we would choose?

He who wished the good of others, has already secured his own.

The candidate who was hired (out of 200 applicants) had no trouble coming up with his answer. Guess what was his answer?

He simply answered: "I would give the car keys to my Old friend and let him take the old lady to the hospital. I would stay behind and wait for the bus with the partner of my dreams."

Let us think in a broader sense with a win - win situation for all. Sometimes, we gain more if we are able to give up.

QUOTABLE QUOTES

We will get what we want
If
We help others to get what they want.

When we are good to others

We are best to ourselves.

ANGER

It was a bright sunny morning. A gentleman was checking the mechanism in his new car which he had purchased recently. His little son was playing by his side. He left the bonnet open and went into the garage to get the set of tools.

The little boy was very excited about the new car and was happily banging on the car, with a hammer, in a playful mood. When his father returned, he was terrified to see his little son happily and unknowingly hammering dents into the shiny paint of his new car.

He ran to his son and pushed him in anger. The little boy's hand went into the fan of the radiator which was working and was badly injured. He rushed his son to the hospital. The doctor tried his best to save the boy's thumb but finally it had to be amputated.

When the boy woke up after the surgery he innocently asked his father "Dad, I'm sorry about your car. Dent and the paint of the car will be done, but will I get my thumb back?"

Regaining soon his mood and composure, the son asked again, "Dad, did you notice I was trying to dent the message?" The repentant father rushed to the car and saw the message. "I love you, Dad." On seeing this, the repentant father *****

Let us think first before we lose our patience at someone we love. The damage done to the car can be repaired but, the hurt feelings often can't. Too often we fail to recognize the difference between a person and the performance of a person.

People make mistakes, but the action we take in rage will haunt us forever. Practice of tolerance and patience, have to be nurtured.

Act in haste - Repent at leisure and Often in pain

A 1000 RUPEE NOTE

A speaker while addressing an enthusiastic crowd of around 200 people, took out from his pocket a 1000/- Rupee Note and asked “who wants this” ? Many raised their hands. Smilingly he told them “Yes, I shall certainly be happy to offer it to one of you at the end of the seminar. Let me in the meantime fold it.” To the amazement of the crowd, he went on folding it a number of times, till it was almost wrinkled and became very small. “Who would like to have this note, still?” Again many more raised their hands.

Then suddenly, he threw the note on the ground, stepped on it and rubbed it hard. He then picked up this dirty crumpled note, badly worn out, and asked, “who wants it?” Once again many raised their hands.”

The speaker then said, “Friends today we have learnt a very valuable lesson. Though the note was dirty even to hold, and almost crumpled, we were prepared to accept it. We all realized that though the note was totally worn out, it did not lose its worth.”

We all have undergone a similar experience. There are times when we have turbulence in our life. We are depressed and frustrated like this 1000 Rupee Note. Many times in our lives, we are dropped, crumpled and grounded by the decisions we make and the circumstances that come our way, but we all now clearly understand that though crumpled, the 1000 Rupee note has not lost its worth. Similarly no matter whatever has happened or whatever will happen to us, we will never lose our value: We are still priceless to those who love us.

DEFECT

A gardener had two large pots, which he carried on his shoulders. One of the pots had a crack in it, while the other pot was perfect and it always delivered full portion of water at the end of the long walk from the stream to its master's house. The cracked pot arrived only half full.

This went on daily for two years. Of course, the perfect pot was proud of its accomplishments, for which it was made. But the poor cracked pot was ashamed of its own imperfection, and miserable that it was able to accomplish only half of what it had been made to do.

After two years of what it perceived to be a bitter failure, it spoke to the water bearer one day by the stream.

“I am ashamed of myself, and I want to apologize to you.” “Why?” asked the water bearer. “What are you ashamed of?” “I have been able to deliver only half my load for the past two years, because this crack in my side causes water to leak out, all the way back, from stream to master's house. Because of my flaws, you don't get full value for your efforts,” the pot said.

The water bearer felt sorry for the old cracked pot and with compassion he said, “As we return to the master's house, I want you to notice the beautiful flowers along the path.”

Indeed, as they went up the hill, the old cracked pot took

notice of the sun warming the beautiful flowers on the side of the path, and this cheered the pot for some time. But at the end of the trail it still felt bad because it had leaked out half its load, and so again the pot apologized for its failure.

The bearer said to the pot, “Did you notice that there were flowers only on your side of path, but not on the other pot's side? That is because I have always known about your flaw, and I took advantage of it. I planted flower seeds on your side by the path, and every day while we walk back from the stream, you have watered them. For two years I have been able to pick these beautiful flowers to decorate master's table. Without you being just the way you are, he would not have this beauty to grace his house.”

Everyone has his own weakness. Let us not get afraid of our flaws. Let us accept them and we too can be the cause of beauty. For now we know that in our weakness, we can find our strength.

QUOTABLE QUOTES

We need to focus on the positive in life. Instead of looking at what is wrong, let us start looking at what is right in every person and in every situation. We will always find it.

Every adversity carries within it the seed of equal or greater benefit.

WEAKNESS OR STRENGTH

Sometimes our biggest weakness can become our biggest strength. For example, here is the story of a 10 year-old boy, who decided to learn judo, despite the fact that he had lost his left arm in a devastating car accident.

The boy began lessons with an old Japanese judo master. He was doing well, but couldn't understand why after three months of training, the master had taught him only one move.

“Sensei” the boy finally said, “Should I not be learning more moves?”

“This is the only move you know, but this is the only move you will ever need to know,” the Sensei replied.

Not quite understanding, but believing in his teacher, the boy kept training.

Few months later, the Sensei took the boy to his first tournament.

Surprising himself, the boy won his first two matches easily. The third match proved to be more difficult, but after some time, his opponent became impatient and charged, but the boy skillfully used his one move to win the match. Still amazed by his success, the boy was now in the finals.

This time, his opponent was bigger, stronger and more experienced. For a while the boy appeared to be overmatched. Concerned that he might get hurt, the referee called a time-out. He was about to stop the match when the Sensei intervened.

“No,” Sensei insisted, “Let him continue”.

Soon after the match resumed, his opponent made a critical mistake: he dropped his guard. Instantly, the boy used his move to pin him.

The boy had won the match and the tournament. He was the champion.

On the way home, the boy and Sensei reviewed every move in each and every match. The boy summoned the courage to ask what was really on his mind.

“Sensei, how did I win the tournament with only one move?”

“You won for two reasons,” the Sensei answered. “First you have mastered one of the most difficult throws in all of judo. Second, the only known defense for that move, for your opponent, was to grab your left arm. It was not there.” The left arm that he had lost, was a blessing in disguise.

The boy's biggest weakness his biggest strength.

QUOTABLE QUOTES

We all have hidden treasures. All we need to do is, bring them to the surface and use them skillfully.

Success is the result of consistently applying some basic principles. Failure is simply the result of making a few mistakes repeatedly.

WHAT EVER HAPPENS, HAPPENS FOR GOOD

A king had a close friend, who had the habit of remarking, "Whatever happens, happens for good," in every situation, positive or negative.

One day the king and his friend were out on a hunting expedition. The friend had apparently done something wrong in preparing one of the guns. When the king fired it, his thumb got badly injured. The friend remarked as usual, "Whatever happens, happens for good." To which the king angrily replied, "No, this is not good!" and proceeded to send his friend to jail.

Next day, the king was hunting in an area, that he should have known to stay clear. Cannibals captured him and took him to their village. They tied his hands, stacked some wood, and bound him to the pile.

As they came near to set fire to the wood, they noticed that the king was having an injured thumb. Being superstitious, they never ate anyone who was less than whole. So untying the king, they released him.

As he returned home, he felt remorse for the treatment he gave to his friend, and went immediately to the jail to speak to his friend.

"You were right," he said, "it was good that my thumb was injured" And he proceeded to tell the friend all that had just happened. And apologized for his action.

"No," his friend replied, "Whatever happens, happens for good!"

"What do you mean ? How could it be good that I sent my friend to jail?"

"If I had not been in jail, I would have been with you. The Cannibals have left you, but they would have certainly killed me."

Whatever happens, happens for good.

He who wished the good of others, has already secured his own.

TRAGEDY

Years ago in Scotland, the Clark family had a dream. Clark and his wife worked hard and saved, making plans for their children and themselves to travel to the United States. It had taken years, but they had finally saved enough money and had got passports and reservations for the whole family on a new liner to the United States.

The entire family was filled with anticipation and excitement about their trip. However, seven days before their departure, the youngest son was bitten by a dog. The doctor treated the boy's wound but hung a yellow sheet on the Clark's front door. Due to possibility of infectious disease they were being prohibited to travel for fourteen days.

The family's dreams were shattered. They would not be able to make the trip to America as they had planned. The father, filled with disappointment and anger, stomped to the dock to watch the ship leave —without the Clark family. The father shed tears of disappointment and cursed his son and GOD for their misfortune.

Five days later, the tragic news spread throughout Scotland —the mighty Titanic had sunk. The unsinkable ship had sunk, taking hundreds of lives with it. The Clark family was to be on that ship, but because the son was bitten by a dog, they were left behind in Scotland.

When Mr. Clark heard the news, he hugged his son and thanked GOD for saving the family. He thanked GOD for turning what he had felt was a tragedy into a blessing.

QUOTABLE QUOTES

Although we may not always understand, all things happen for a reason. Next time our morning seems to be going wrong and the children are slow getting dressed and we can't seem to find the car keys and hit every traffic light, let us not get mad or frustrated; but praise God instead, because not getting what we want is sometimes a wonderful stroke of luck.

Whatever has happened, happened for good.

Whatever is happening, it is for good.

Whatever will happen, it will be for good.

God has planned everything for everyone, so let us remain cool and calm in every situation.

It is very easy to say, it is easy to write, however we know, it is very difficult to keep mental balance in difficult situation. But unless we do so, we will not be able to think and do what is in the best interest for us and everyone.

The period of greatest gain in knowledge and experience is the most difficult period in one's life.

PROBLEM

A man feared his wife wasn't hearing as well as she used to and he thought she might need a hearing aid. Not quite sure how to approach her, he called the family Doctor to discuss the problem. The Doctor told him there is a simple informal test the husband could perform to give the Doctor a better idea about her hearing loss.

“Here's what you do,” said the Doctor, “stand about 40 feet away from her, and in a normal conversational speaking tone see if she hears you. If not, go to 30 feet, then 20 feet, and so on until you get a response.”

That evening when the wife was in the kitchen, cooking dinner, he says to himself, “I'm about 40 feet away, let us see what happens.” Then in a normal tone he asks, “Honey, what's for dinner?” No response. So the husband moves closer to the kitchen, about 30 feet from his wife and repeats, “Honey, what's for dinner?” Still, no response. Next he moves into the dining room where he is about 20 feet from his wife and asks, “Honey, what's for dinner?” Again he gets no response. He walks up to the kitchen door, about 10 feet away. “Honey, what's for dinner?” Again there is no response. So he walks right up behind her.

“Honey, what's for dinner?” “James, for the FIFTH time I repeat, it's PIZZA!”

The problem may not be with the other person as we think, it could be very much with us..!

SOLUTION

One fine day, a bus driver started the bus and drove off along the route. There was no problem for the first few stops — a few people got on and got off the bus and things went smoothly.

However, at the next stop, a huge guy got on. Six feet eight inches tall, looked like a wrestler. He glared at the driver and said, “Big John doesn't pay!” and sat down at the back.

Did we mention that the driver was five feet three, thin, and basically weak ? Well, he was. Naturally, he didn't argue with Big John, but he wasn't happy about it.

The next day the same thing happened - Big John got on again, made a show of refusing to pay, and sat down. And the next day, and the one after that, and so forth. This irritated the bus driver, who started losing sleep over the way Big John was taking advantage of him.

Finally he could stand it no longer. In order to retaliate, he signed up for body building courses, karate, judo, and all that good stuff. By the end of the summer, he had become quite strong; what's more important, he felt really good about himself.

So on the next Monday, when Big John once again got on the bus and said, “Big John doesn't pay,!” the driver stood up, glared back and screamed, “And why not?”

With a surprised look on his face, Big John replied, “Big John has a bus pass.”

Let us be sure there is a problem in the first place before working hard to solve one.

The problem we see may not be problem at all. The problem most of the time is our attitude towards the problem.

FAITH

Professor of philosophy was speaking to his class on the problem between science and existence of GOD, the almighty.

He asks one of his new students to stand and....

Professor : So you believe in GOD?

Student : Absolutely, Sir.

Professor : Is GOD good?

Student : Sure.

Professor : Is GOD all-powerful?

Student : Yes.

Professor : My brother died of cancer even though he prayed to God to heal him. Most of us would attempt to help others who are ill. But is this GOD good then? Hmm?

Student is silent.

Professor : Tell me son, is there evil in this world?

Student : Yes.

Professor : Evil is everywhere, isn't it? And GOD did make everything. Is it Correct?

Student : Yes.

Professor : So who created evil?

Student does not answer.

Professor : Is there sickness? Immorality? Hatred? Ugliness? All these terrible things exist in the world, don't they?

Student : Yes, sir.

Professor : So, who created them?

Student has no answer.

Professor : Science says we have five senses which we use to identify and observe the world around us. Tell me, son... Have you ever seen, heard or felt or tasted or smelled GOD? Have you ever had any sensory perception of GOD for that matter?

Student : No, sir. I'm afraid I haven't.

Professor : Yet you still believe in him?

Student : Yes. I have my faith.

Professor : Yes. Faith. And that is the problem science has.

The Professor concluded and said that he had “proved” that “belief in GOD” was a fairy tale, and therefore worthless.

Student : May I pose a question?

Professor : Of course

Student : Sir, is there such a thing as heat?

Professor : Yes.

Student : And is there such a thing as cold?

Professor : Yes.

Student : No sir, There isn't.

The lecture room becomes very quiet with this turn of event.

Student : Sir, you can have lots of heat, even more heat, superheat, a little heat or no heat. But we don't have anything called cold. We can have 458 degrees below zero,

which is no heat, but there is no such thing as cold. Cold is only a word we use to describe the absence of heat. We cannot measure cold. Heat is energy. Cold is not the opposite of heat. Sir, cold is just the absence of heat.

There is a pin drop silence in the lecture room.

Student : What about darkness, sir? Is there such a thing as darkness?

Professor : Yes. What is night if there isn't darkness?

Student: "Again you are wrong, Sir. Darkness does not exist either. Darkness is in fact simply the absence of light. Light can be studied, darkness cannot. Darkness is a term that we humans have created to describe what happens when there's lack of light."

Student : "Sir, Evil does not exist. Just as in the previous cases, evil is a term which man has created to describe the result of the absence of GOD's presence in the heart of man."

Is there anyone in the class who has ever heard or seen the Professor's brain, felt it, touched or smelled it?... No one appears to have done so. With all due respect, how do we then trust your lectures, sir?

The room is silent. The Professor stares at the student.

Professor : I guess you'll have to take them on faith, son.

Student : That is it, sir... The link between MAN and GOD is faith. That is all that keeps things moving and alive.

This young student was 'ALBERT EINSTEIN'

THANKS

The rain was falling and the water level was rising. The water level rose higher and higher, forcing the man onto the roof of his house. Along came a rowboat with an offer to take him to safer ground. “No, thanks.” The man replied. “The Lord will provide.”

As the water got higher, along came someone in a motorboat with another offer to take the man to safer ground. “No thanks, the Lord will supply.”

Standing on the very top of his chimney, with a helicopter hovering overhead offering to take him to safer ground. He yelled out, “No thanks. The Lord will provide.” The rapidly rising water finally swept the man off the top of his house, taking him downstream.

While being swept alone in the rapids, he cried out, “Lord, why didn't you help me? You know I was trusting You.” He heard a voice say, “I sent you a rowboat, a motorboat, and a helicopter. What more did you want me to do?”

Isn't this just like most of us? God sends us the help we are praying for, but all too often we refuse to recognize the help. When things are out of control, we blame Him for ignoring us.

Life is an obstacle race and many times we become
our own biggest obstacle.

WHY ME?

Arthur Ashe, the legendary Wimbledon player was dying of AIDS which he got due to infected blood he received during a surgery in 1983. From world over, he received letters from his fans, one of which conveyed: “Why does GOD have to select you for such a bad disease?”

To this Arthur Ashe replied: “The world over —5 crore children start playing tennis, 50 lakh learn to play tennis, 5 lakh learn professional tennis, 50,000 come to the circuit, 5000 reach the grand slam, 50 reach Wimbledon, 4 to semi final, 2 to the finals, When I was holding a cup I never asked GOD, Why me ? And today in pain I should not be asking GOD, Why me?”

QUOTABLE QUOTES

Life is not just party and pleasure, it is also pain and sorrow. Unthinkable things happen. Sometimes everything turns upside down. Bad things happen to good people. Some things are beyond our control.

So if the ball is bounced the other way, sorry. But what we do from here, cry, or take the ball.

Living a positive life is not easy, but then neither is negative living.

The choice is either to act like a victor or act like a victim.

STRUGGLE

A man found a cocoon of a butterfly. One day a small opening appeared; he sat and watched the butterfly for several hours as it struggled to force its body through that little hole. Then it seemed to stop making any progress. It appeared as if it had gotten as far as it could and it could go no further.

Then the man decided to help the butterfly, so he took a pair of scissors and snipped off the remaining bit of the cocoon. The butterfly then emerged easily. But it had a swollen body and small, folded dry wings.

The man continued to watch the butterfly because he expected that at any moment the wings would enlarge and expand to be able to support the body, which would contract in time.

Neither happened! In fact, the butterfly spent the rest of its life crawling around with a swollen body and dry wings. It was never able to fly.

What the man in his kindness and haste did not understand that the struggle was required. It was nature's way of forcing fluid, from the body of the butterfly, into its wings so that it would be ready for flight, once it achieved its freedom from the cocoon.

Sometimes struggles are exactly what we need in our life. If nature allowed us to go through our life without any obstacles, it would cripple us. We would not be as strong as what we could have been.

And we could never fly...

FOUR SEASONS OF A TREE

There was a man who had four sons. He sent each of them during different seasons to look at a pear tree that was at a great distance.

The first son went in the winter, the second son in the spring, the third in the summer, and the youngest in the fall.

When they all returned, he called them together to describe what they had seen.

The first son said that the tree was ugly, bent & twisted. The second son said that it was covered with green buds & full of promise. The third son disagreed and said it was laden with blossoms, that smelled so beautiful, it was the most graceful thing he had ever seen. The last son disagreed with all of them. He said it was ripe and laden with fruit —full of life and fulfillment.

The man then explained that all of them were correct —as they had seen only one season in the life of a tree.

He explained to them that one cannot judge a tree by one season. We can only understand/appreciate about their essence / importance, when seen in totality after all the seasons were over. In due course, the tree will be full of fruits.

If we give up when its winter, we will miss the promise of spring, the beauty of Summer and fulfillment of fall

We should not judge life by one season only.

Let us hold on through the difficult times and Keep smiling... always. Better times are sure to come... Sooner the tree of life will be full of fruits.

AN INTERVIEW WITH GOD

A dream of an anonymous writer.

“Come in,” GOD said. “So, you would like to interview Me?”

“If you have the time,” I said.

GOD smiled and said, “My time is eternity and is enough to do everything; what questions do you have in mind to ask me?”

“What surprises you most about mankind?”

GOD answered,

“That they get bored of being children, are in a rush to grow up, and then long to be children again.”

“That they lose their health to make money and then lose their money to restore their health.”

“That by thinking anxiously about the future, they forget the present, to such an extent that they live neither for the present nor for the future.”

“That they live as if they will never die and they die as if they had never lived.”

GOD took my hand in his hand and we were silent for a while and then I asked, “As a parent, what are some of life's lessons you want your children to learn?”

GOD replied with a smile,

“To learn that what is most valuable is not what they have in their lives, but who they have in their lives.”

“To learn that it is not good to compare themselves to others. All will be judged individually on their own merits and not as a group on a comparison basis!”

“To learn that a rich person is not the one who has the most, but the one who needs the least.”

“To learn that it only takes a few seconds to open profound wounds in persons we love, and that it takes many years to heal them.”

“To learn that two people can look at the same thing and see it totally different.”

I further asked “How can we get the best of our life”

GOD replied “Face your past without regret. Handle your present with confidence. Prepare for the future without fear.”

I sat there for awhile enjoying the moment. I thanked Him for His time.

He replied, “Anytime. I'm always in your heart. All you have to do is ask for me, and I'll answer.”

First I was dying to finish my high school and start college. And then I was dying to finish college and start working. Then I was dying to marry and have children. And then I was dying for my children to grow old enough so I could go back to work. But then I was dying to retire. And now when I am really dying, suddenly I realized that I forgot to live.

Please don't let this happen to us. Let us appreciate our present situation and enjoy each day.

MONKEY'S TRAP

An interesting system is used for capturing monkeys in the jungles of Africa. The goal is to take the monkeys alive and unharmed, for shipment to zoo, in an extremely human way. The captors use heavy bottles, with long narrow necks, into which they deposit a handful of sweet-smelling nuts. The bottles are dropped on the jungle's floor, and the captors return the next morning to find a monkey trapped next to each bottle.

How is it accomplished? The monkey, attracted by the aromatic scent of the nuts comes to investigate the bottle, puts his hand inside the bottle to grab the nuts. Once having done so, he can't take his hand out as he is unwilling to open his hand to let the nuts go. The bottle is too heavy to carry away, so the monkey is trapped.

We may smile at the foolish monkeys, but often, just like monkeys holding on to the nuts and the bottle, we hold on with greed to little passing pleasure or hold on to our stress and problems. Therefore we figuratively carry our bottle with us. As a consequence, we feel sorry for ourselves and beg sympathy from others, even from the GOD.

QUOTABLE QUOTES

Though a man goes out to battle a thousand times against a thousand men, if he conquers himself he is a great warrior.

WOOD CUTTER

Once upon a time, there lived a very strong woodcutter. He asked for a job from a timber merchant and he got it. The pay was really good and so were the work conditions. The woodcutter was determined to do his best.

His boss gave him an axe and showed him the area where he was supposed to work.

The first day, the woodcutter brought down 18 trees. The boss was very much impressed and said, “Congratulations keep it up!”

Very motivated by the words of the boss, the woodcutter tried harder the next day, but he only could bring down 15 trees.

The third day he tried even harder, but he only could bring down 10 trees. Day after day he was bringing down less and less trees.

“I must be losing my strength,” the wood cutter thought to himself.

He went to the boss and apologized, saying that he could not understand what was going on.

“When was the last time you sharpened your Axe?” the boss asked.

“Sharpen? I had no time to sharpen my Axe. I have been very busy trying to cut trees.”

Our lives are like that. We sometimes get so busy that we don't take time to sharpen the axe. In today's world, it seems that everyone is busier than ever, but less happy than ever. Why is that? Could it be that we have forgotten how to stay sharp?

There is nothing wrong with the activity and hard work. But we should not get so busy that we neglect the truly important things in life, like taking time to care for us and everyone around us.

Let us not make life too stressful. Find time to laugh, it is the medicine for good health. It may add year's to our life, but laugh will definitely add more life to our years.

We all need time---time to relax, think and meditate. We all need time---time to read, learn and grow. And if we don't take time to sharpen the axe, we will become dull and lose our efficiency.

QUOTABLE QUOTES

Fortunate indeed is the man who holds a balance between what he can acquire and what he can use.

Reading without understanding is like eating without digesting.

LIVING OUR LIVES

A group of graduates, highly established in their careers, got together to visit their old university professor. Conversation soon turned into complaints about stress in work and Life.

The professor just smiled, Offering his guests coffee, the professor went to the kitchen and returned with a large pot of coffee and an assortment of cups - porcelain. Plastic, glass, crystal, some plain looking, some expensive, some exquisite - telling them to help themselves to the coffee.

When all the students had a cup in hand with coffee, the Professor said: "If we have noticed, all the nice looking expensive cups were taken up, leaving behind the plain and cheap ones. While it is normal that we only want the best for ourselves, and that is the source of our problems and stress. Be assured that the cup itself adds no quality to the coffee. What all we wanted was coffee, not the cup, but we consciously went for the better cups. And then we began eyeing each other's cups."

Now consider this : if Life is coffee, then the jobs, money and position in society are the cups. They are just tools to hold and contain life, and the type of cup we have does not change the quality of life we live.

Sometimes, by concentrating on the cup, we fail to enjoy the coffee God has provided us.

The happiest people don't have the best of everything. They just make the best of everything.

QUIZ

We don't actually have to take the quiz. Read this and we will get the point it is trying to make!

1. Name the five wealthiest people in the world of 1950.
2. Name the five most Olympic winners.
3. Name the last five winners of the Miss Universe Contest.
4. Name ten people who have won the Nobel prize.

How have you fared ?

The point is, most of us do not remember the head liners of yesterday. These are no second-rate achievers. They are the best in their fields. But the applause dies. Awards tarnish. Achievements are forgotten. Accolades and certificates are buried with their owners.

Here's another quiz.

1. List a few school teachers who aided your journey through school.
2. Name three friends who have helped you through a difficult time.
3. Name five people who have taught you something worthwhile.
4. Think of a few people you enjoy spending time with.

Easier?

The people who make a difference in our life are not the ones with the most credentials, or more money, or more awards. They are the ones who love, care and share.

HOW A SON/DAUGHTER THINKS OF HIS/HER DADDY AT DIFFERENT AGES

- At 5 Years My daddy is great and knows everything.
- At 10 Years My daddy is my best friend.
- At 12 Years My daddy is good, but is short tempered
- At 15 Years My daddy was very nice to me when I was young.
- At 18 Years My daddy is not in line with the current times.
- At 20 Years Oh! It's becoming difficult to tolerate daddy. Wonder how Mother puts up with him.
- At 25 Years Daddy is objecting to everything.
- At 30 Years It's becoming difficult to manage my son. I was so close to my father when I was young.
- At 35 Years Daddy brought me up with so much discipline. Even I should do the same.
- At 40 Years My daddy was always available to me. I am unable to give time to my son.
- At 45 Years My daddy faced so many hardships in life but still helped me to achieve my goal and provided me with everything I wanted.
- At 50 Years I wonder how daddy would have handled it. He was so wise, I wish I could discuss it with daddy.
- At 55 Years My daddy was far sighted and had planned so many things for us. He is one of his kind and unique.
- At 60 Years My daddy was great.

Thus, it took 55 years to complete the cycle and come back to the 1st stage.

While we were learning to speak, only our parents understood everything

But today we say a lot and claim, “ Mom and Dad will not understand me.”

A lovely little girl was holding two apples with both hands. Her Mom softly asked her with a smile “Sweetie, could you give your mom one of your two apples?”

The girl looked up at her mom for a few seconds and suddenly took a quick bite from one apple, then quickly from the other apple. The smile on the face of her mother vanished. She was disappointment. But.....

The little girl handed her one of the bitten apples and said: “Here you are mummy, this apple is the sweeter one.”

No matter who we are, how experienced and knowledgeable we think we may be, always delay judgement. Let’s give others the chance to explain themselves, for what we see may not always be the reality. Let us never conclude for others.

तालाब एक ही है, हंस मोती चुनता है, और बगुला मछली... सोच सोच का फर्क होता है, “हमारी सोच ही हमको सफल बनाती है”

LET US GIFT THE BOOK TO EVERYONE WE LOVE!

BOOK IS THE BOUQUET FULL OF LIFE

HAPPINESS IS NEVER PERFECT UNLESS IT IS SHARED

Collected and Edited by :

M/s. Paradise Packaging Pvt. Ltd.

201, Guru Prabha Apartment,

Sunder Nagar, Senapati Bapat Marg,

Dadar (W), MUMBAI - 400 028.

Tel : 022-2433 4486 / 89 / 93 / 94 / 96

Website : www.paradisepackaging.net

Email : paradise@paradisepackaging.net

A holy man was having a conversation with the Lord one day and said, "Lord, I would like to know what Heaven and Hell are like."

The Lord lead the holy man to two doors. He opened one of the doors. The holy man observed that, in the middle of the room, there was a big round table, with a large pot of soup which smelled delicious and the aroma of which made his mouth water. However the people sitting around the table were thin and sick. They appeared to be starved. They were holding spoons, with very long handles, and each found it possible to reach into the pot of soup and take a spoonful, but because the handle was longer than their arms, they could not get the spoons back into their mouths. The holy man shuddered at the sight of their misery and suffering. The Lord said, "You have seen the Hell."

They went to the next room and opened the door. It was exactly the same as the first one. There was big round table with the large pot of soup which made the holy man's mouth water. The people were equipped with the same long-handled spoons, but here the people were well nourished and plump, laughing and sharing. The Lord said, "This is Heaven." The holy man said, "I don't understand."

It is simple." Said the Lord ". In Hell, people think only of feeding themselves, whereas in heaven, they help each other. The spoon that could not reach their mouth in hell, reached easily and conveniently the mouth of others because in heaven they fed one another. It is sharing and caring that changes the situation to everyone's advantage.

It is people's attitude that makes our place of work and home "**Heaven or Hell.**" "Help and Seek Help" will make all the difference to an individual's life... and will make our life "**Heaven or Hell.**"

To, _____ Date _____

M/s. Paradise Packaging Pvt. Ltd.

201, Guru Prabha Apartment,
Sunder Nagar, Senapati Bapat Marg,
Dadar (W), MUMBAI - 400 028.

Tel : 022 - 2433 4486 / 89 / 93 / 94 / 96

Email : paradise@paradisepackaging.net

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The Biggest
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for Us.



One day, a man's Ford car broke down on the side of the road. Now, he knew a lot about cars so he tried fixing his own car. He tried different ways and each time he went back to start the engine, it wouldn't start at all. He was a little stubborn so rather than calling for help, he continued working alone. He tried everything and still nothing happened. The car just wouldn't start.....

A few minutes later another car pulled up beside him. Out stepped an old man who stood and watched him for a few minutes. The old man looked at the young man and said; "Son, do you see this part? Just twist it and you are good to go." The young man whispered to himself; "There's no way this old guy could know more about this car than me." He still gave it a try.....

He adjusted the part, and sure enough..... the engine came to life!!! He was surprised and asked the old man; "How did you know what to do?" The old man smiled and said; "My name is Henry ford. I'm the one who made your car. I know everything about it"

When life breaks down, don't think that only we know how to fix everything and we don't need anyone's help.

Always remember GOD knows how to fix our lives because we are HIS creation and HE LOVES US Very Much.

... सुख चाहे तो सुख दे